

Monday Lyndhurst/ Richmond Hts.	Tuesday Lyndhurst	Wednesday South Euclid/Mayfield Hts.	Thursday	Friday Highland Hts.
<b>Box Lunch Menu Code:</b> <b>T=Tuna</b> <b>TR=Turkey</b> <b>RB=Roast Beef</b> <b>V=Cheese</b>			1	2 BBQ Rib Patty on Whole Grain Bun Sweet Potatoes Brussels Sprouts Applesauce <b>TR</b>
5 Beef Stew Brussels Sprouts Buttered Sliced Carrots Whole Grain Wheat Bread (2) Banana <b>TR</b>	6 Chicken Cordon Bleu Mashed Potatoes Buttered Beets Whole Grain Dinner Roll Apple Juice <b>RB</b>	7 <b>WELCOME BACK TO MH!</b> Sloppy Joe Sandwich Salad & Dessert \$5/person at 12:00 pm Deadline: 1/30 by 3:00 pm <b>*NO LUNCH AT S. EUCLID            TODAY</b>	8	9 Hamburger on Whole Grain Bun Seasoned Potato Wedges Baked Beans Sliced Pears <b>T</b>
12 Tomato Basil Chicken Whole Grain Pasta w/Sauce Spinach/Capri Blend Whole Grain Wheat Bread Sliced Pears <b>RB</b>	13 Stuffed Cabbage w/Sauce Mashed Potatoes Corn w/Red Peppers Whole Grain Wheat Bread (2) Sliced Peaches <b>TR</b>	14 Baked Fish Macaroni & Cheese Carrots/Lima Beans Whole Grain Wheat Bread Orange <b>RB</b>	15	16 Cheese Ravioli Zucchini Cauliflower Whole Grain Breadsticks Chunky Applesauce <b>RB</b>
19 <b>NO LUNCH/PROGRAMS</b>  <b>PRESIDENTS' DAY</b>	20 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Spinach Whole Grain White Bread (2) Sliced Apricots <b>TR</b>	21 Stuffed Peppers Mashed Potatoes w/Sauce Broccoli Whole Grain Wheat Bread (2) Fresh Grapes <b>TR</b>	22 <b>LUNCH 'N' MOVIE</b> Asian Chicken Salad \$7/person; MV Civic Ctr. Lunch 12:00 pm/Movie 1:00 Deadline to order: Feb. 19 by 12:00 pm	23 Breaded Fish Brown Rice Cauliflower/Kyoto Blend Whole Grain White Bread Fresh Grapes <b>V</b>
26 Spaghetti & Meatballs Antigua Blend Carrots Whole Grain Wheat Bread Tropical Fruit <b>V</b>	27 Chicken Stew Corn w/Red Peppers Peas & Carrots Corn Bread Orange <b>RB</b>	28 Roast Turkey Breast Stuffing w/Gravy Green Beans Corn w/Red Peppers Whole Grain Dinner Roll Banana <b>T</b>	29	<b>Suggested lunch donation:</b> <b>\$1.50</b> <b>Served with 1% Milk</b>