Remember Someone Special with a Donation to CPA

A donation in the name of someone who was a recipient of our services is a special way to honor their memory.

Whether it is designated for nutrition services, programming, volunteer services or other, any donation to CPA is always used in the manner in which you choose, and will help us to further our mission of helping older adults to remain independent and

Continued on page 7

Something to Think About

Does your employer offer a matching donation program or an opportunity for corporate volunteerism? Let us know who to contact and we will take it from there! Call Therese at 216-291-0772

Fun, Food and Fashion at Lyndhurst Community Center!

Approximately 75 attendees joined Community Partnership on Aging for a fabulous fashion event that showcased clothing from Ursuline College’s Historical Collection. Above we see model Marguerite flanked by Ursuline students as they walk the ‘runway,’ and (top right) a group picture of the models (not pictured: Mayor Ward)!

Our Main Office is at South Euclid Community Center at 1370 Victory Dr. in South Euclid, 44121
Main phone: 216-291-3902 Fax: 216-291-0773 Hours: Monday - Friday, 9:00 AM - 5:00 PM
Email: contactus@communitypartnershiponaging.org Web: www.communitypartnershiponaging.org
You can also reach staff at the following numbers:
• Lyndhurst Office: Monday, 11:00-1:30; Tuesday, 10:00-3:00; Wednesday by appt.: 440-473-5138
• Mayfield Heights and Mayfield Village Outreach Office: 440-442-2628 (call for appointments)
• Lunch and Program locations vary; please refer to the calendar page for more information, or call 216-650-4029 during the hours of 9:00 AM - 3:00 PM, Monday - Friday.
News from the Community Partnership on Aging
Executive Director, Wendy Albin Sattin

Every May, the Administration for Community Living leads our nation’s observance of Older Americans Month. We are pleased to announce the 2019 theme: Connect, Create, Contribute, which encourages older adults and their communities to:

♦ Connect with friends, family, and services that support participation.
♦ Create by engaging in activities that promote learning, health, and personal enrichment.
♦ Contribute time, talent, and life experience to benefit others.

Your Community Partnership on Aging provides the opportunity to do all three:

CONNECT- Over 1900 different older adults were touched by CPA services last year. Whether it is watching a first run movie after a delicious cooked-from-scratch meal or joining a group of like-minded knitters, wood carvers or book readers or exploring Cleveland’s ethnic markets, CPA has a program that is right for you.

CREATE- Learning is a critical goal of all CPA programming. Have you experienced Learn N Go yet? Our next session is on Cleveland history and then we have a later session on Rock and Roll. Or did you join us last year at the Summer Symposium on Brain Health? We are excited to announce that this year’s Symposium is scheduled for August 22 and will feature Dr. Michael Roizen of the Cleveland Clinic.

CONTRIBUTE- CPA has an extensive menu of volunteer opportunities- whether you want to spend a couple of hours doing administrative work, being a friendly visitor or exercising those muscles doing a spring clean-up, we have a place for you. For you creative folks, there are still places open in our Make and Take series if you are able to lead a one hour craft session. We also have volunteer placement through our CARE program (see page 10).

Please check out all the exciting events and opportunities throughout this newsletter. As always, I welcome your thoughts and comments.

satinw@communitypartnershiponaging.org
216-291-3902 ext. 312

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Find us on these Social Media sites

Funding is provided by the cities of South Euclid, Lyndhurst, Highland Heights, Mayfield Heights and Mayfield Village; a grant from the Ohio Department on Aging through the Western Reserve Area Agency on Aging; Cuyahoga County through the Health & Human Services Levy; program donations; and contributions of time and dollars. All programs and services are provided without regard to race, ethnicity, marital status, religion, gender, disability, age, political belief, sexual orientation or veteran status. Services and programs funded by Title III or by the Cuyahoga County Health and Human Services levy will not be denied based on an individual’s inability to pay or donate.
Congratulations, Pat and Ron Minor! The Minors recently were named 2019 Medical Mutual Northeast Ohio Outstanding Senior Volunteer Award Winners (honorable mention). Ron and Pat have been volunteering for CPA, both together and independently, since 2012, in multiple capacities and have achieved nearly 1000 hours of joint service! We are so grateful to these dedicated volunteers who will be honored at a special luncheon later this month.

Thank You, Spring Volunteers!

Our thanks to the following individuals and groups who are presently volunteering their time to conduct spring yard cleanups. You are so appreciated!

- Brush High School Key Club
- Cedar Brook Financial Partners
- Ginny Bertram
- KeyBank (Lyndhurst)
- Legacy Athletics
- Mayfield Heights Mayor’s Residential Advisory Committee
- Neil Barrett
- State Industrial Products
- Taylor Combs
- Ursuline College Athletics

Volunteer Help for Older Adults (60+)
South Euclid, Lyndhurst, Highland Heights, Mayfield Heights, and Mayfield Village

- Computer tutoring in your home (one or two sessions for beginners and intermediates)
- Simple home repairs (not including plumbing or electrical work)
- Friendly visits (twice a month)
- Occasional errand-running (light groceries or prescriptions)*
  *Waiver form is required.
- Organizational tasks (paperwork or sorting)*
  *Waiver form is required.

For more information about any of these services, please call Corinne at 216-291-3903.
• No charge for any of these services •

Volunteer Diversity Committee Offers Third Seminar of 2019

Have you ever heard the term “transgender” and wondered what it really meant? On Thursday, May 9, the LGBT Community Center of Greater Cleveland will present a speaker representing the trans community in Northeast Ohio. This is an introductory session, perfect for grandparents, great grandparents or anyone with questions you haven’t been able to ask before. It will take place on Thursday, May 9, at 1 p.m. at University Suburban Health Center, Room A62. Please call Corinne Dunn at 216-291-3903 by May 15 to register. Space is limited.

The Annual Volunteer Luncheon will take place on Thursday, May 23, at the Holiday Inn in Mayfield Village. This will honor our 2018 volunteers. Invitations will be sent in early May.
CPA Café Services - call 216-650-4029 for all lunch info

“A Variety of Scratch-Prepared Lunches at an Affordable Price”
All CPA lunches are open to the public regardless of city of residence
**Vegetarian options available for Café Lunch/Lunch ‘N’ Movie menus; please inquire when making any reservation**

Café Lunch—A hearty traditional lunch with entertainment provided for singing, dancing or socializing for $4.00 per person. Call 216-650-4029 by 3:00 PM on date listed

**Nutrition Tip of the Month:**
Eating a variety of foods from all food groups can help supply the nutrients a person needs as they age. A healthy eating plan emphasizes fruit, vegetables, whole grains and low-fat or fat-free dairy; includes lean meat, poultry, fish, beans, eggs and nuts; and is low in saturated fats, trans fats, salt (sodium) and added sugars.

Info courtesy of The Academy of Nutrition and Dietetics

CPA Lunch ‘N’ Movie Schedule - All movies are free and open to the public regardless of city of residence. Lunch fee: $5.00 per person at Mayfield Village Civic Center Reserve Hall Theatre
Reservations for lunch are required no later than the Wednesday prior to the lunch by calling the number above. Doors open at 11:30 AM/lunch at 12:00/movie at 1:00.

**Wednesday, May 8**
Movie: “Green Book” (2018)
Menu: Southwest Steak Salad

**Wednesday, June 12**
Movie: Stan & Ollie (2018)
Menu: Egg Salad with Avocado on Croissant

**Movies subject to change based on DVD availability**

Café Lunch—A hearty traditional lunch with entertainment provided for singing, dancing or socializing for $4.00 per person. Call 216-650-4029 by 3:00 PM on date listed

**Tuesday, May 21**
Lyndhurst Community Center
Menu entree: Arroz Con Pollo (Chicken and Rice)
Entertainment: Magic Jonathan (magic show!)
Reservation deadline: Wednesday, May 15

**Friday, June 28**
Highland Heights Community Center
Menu entree: Asian Chicken Salad
Entertainment: TBA
Reservation deadline: Wednesday, June 19

For those 60+ who prefer a more traditional congregate hot lunch, meals are available for a voluntary contribution of $1.50 on the following days/locations (please see calendar pages for location addresses or give us a call):

- **Mondays/Tuesdays** - Lyndhurst Community Center
- **Wednesdays** - South Euclid Community Center and Mayfield Heights DeJohn Community Center
- **Thursdays** - South Euclid Community Center
- **Fridays** - Highland Heights Community Center

Reservations for the daily congregate lunch are required no later than 3:00 PM on the Wednesday of the full week prior to the lunch by calling 216-650-4029. You will be asked to complete a registration form on the day of your first lunch and yearly afterward, along with a nutrition survey. For questions about the meals, the specific menu detail or to make reservations, please give us call. The menu entrée can be found on the calendar pages of this newsletter. Lunches are served at 11:45 AM.

**Cancellation policy:** Cancellations for all meals are required as soon as you are aware that you cannot attend a meal, but preferably no later than the Wednesday of the week prior. Failure to cancel in advance may result in a person’s inability to make reservations for a period of time.

Community Partnership on Aging ~ 4 ~ May 2019
Free Movie Monday in Mayfield Village!
1:00 PM unless otherwise noted. RSVP appreciated.
Call the CPA Program line at 216-650-4029


FREEpeat Movie Matinee - Missed it the first time? Want to see it again?
Free popcorn included! Select Wednesdays at Ross C. DeJohn Community Center at 1:00 PM

May 29: A Star is Born (2018) Rated R for profanity

The CPA Book Club meets every last Wednesday of the month at South Euclid Community Center at 12:30 PM. It’s free to join and you can even pick up a copy of the book from us
May 29: A Line Becomes a River by Francisco Cantu
June 26: The Story of Arthur Truluv by Elizabeth Berg

Health & Wellness Talks at Ross DeJohn Community Center take place every first Wednesday of the month at 10:00 AM! Join us for the talk followed by blood pressure checks courtesy of Manor Care Mayfield and now including cholesterol/glucose checks courtesy of UH Richmond Medical Center! Screenings are first come, first served. Upcoming topics:

May 1: JoAnn Lavrisha, PT, CEEAA, Clinical Specialist – UH Regional Hospitals. Topic: Movement As Medicine
June 5: “Long Term Care Planning” Laurie Steiner, Solomon Steiner & Peck.
July 3: “Eldercare Options and How to Pay” presented by Care Patrol

Have you joined ACCESS yet? If you are a Cuyahoga County resident that is 60+ years of age, willing to give feedback to influence future programs, and are looking to ACCESS new & innovative programs in your community for FREE** then you are eligible! Call CPA at (440) 473-5138 for more info.

** FREE PROGRAMS ARE FUNDED IN PART BY CUYAHOGA COUNTY DIVISION OF SENIOR AND ADULT SERVICES THROUGH THE HEALTH & HUMAN SERVICES LEVY.

PROTECT YOUR IDENTITY FROM THE BAD GUYS!
AAA East Central is teaming up with the Lyndhurst Police Department and Community Partnership on Aging to hold a presentation for seniors about the growing dangers of cyber-crimes and the increasing risks of identity theft, which is quickly becoming one of the most common crimes among seniors – along with children, teens, and college students.

Monday, May 20th, 2019 at 1:00PM
Lyndhurst Community Center, 1341 Parkview Drive
Call 216-650-4029 to reserve your spot
Transportation with Community Partnership on Aging is available for older adults age 60+ who reside in one of the CPA communities. Trips are offered to and from CPA Lunches/Programs, for group grocery shopping trips and for medical appointments. Transportation is provided by STC (Senior Transportation Connection). Residents must register in advance by contacting a CPA Social Worker. To register, South Euclid/Lyndhurst/Highland Heights residents may call 216-291-3902 and Mayfield Heights/Mayfield Village residents may call 440-442-2628. Grocery trips and medical appointment trips are scheduled through STC at 216-265-1489. Trips to CPA Lunch and Programs are scheduled by CPA staff with advance notice.

GROUP SHOPPING TRIPS SCHEDULE (Trips subject to change)
SE – Tues., May 7 & 21 to Giant Eagle • Wed., May 8 & 22 to Heinen’s • Thurs. May 9 & 23 to Marc’s
LYND & HH – Tues. May 14 & 28 to Giant Eagle • Wed. May 1,15 & 29 to Dave’s • Thurs. May 2,16 & 30 to Marc’s
MH & MV – Tuesdays, May 7 & 21 to Giant Eagle & Wal-Mart • Fridays, May 10 & 24 to Heinen’s & Marc’s

FOR MEDICAL APPOINTMENTS and other personal trips, call 216-265-1489 MONDAY through FRIDAY. Cancellations are REQUIRED no later than 7:00 AM on the day of your scheduled ride. Failure to cancel your trips may result in your inability to use the service.
Transportation Services with CPA - FAQs

If you are age 60 or older and a resident of Highland Heights, Lyndhurst, Mayfield Heights, Mayfield Village or South Euclid, a social worker from Community Partnership on Aging will be happy to come out to your home and register you for Senior Transportation Connection (STC). First, here are a few FAQs (and the answers!):

- **Where does STC go?** CPA can provide you with two STC round trips per week to medical appointments, the grocery store or other important places. Transportation to our community centers can be provided five days a week.

- **What does the service cost?** Depending on the destination and your financial circumstances, the cost to the consumer may be $1.00, $4.00 or $5.00 or even free each way thanks to the support of the Community Partnership on Aging cities and funding in part by the Cuyahoga County Division of Senior and Adult Services through the Health and Human Services levy. Please see below for pricing details.

- **How do I reserve a ride?** Once you are registered, you can call STC to make reservations for a ride. Reservations must be made three business days in advance but can be made up to two weeks in advance. Cancellations are required prior to 7:00 am the day of the trip.

- **Service is available Monday through Friday from 8:00 am till 4:30 pm.** STC can accommodate wheelchairs, scooters and those who can’t manage stairs. Drivers provide a personal touch.

**Trips offered by Senior Transportation Connection through Community Partnership on Aging fall into one of three categories: Group Trips, Individual Trips or Extended Zone trips. Group Trips are trips scheduled by Community Partnership on Aging to allow multiple riders to travel to a particular destination. Group Trips save riders money on van fare. Individual trips are scheduled by the consumer directly with STC at 216-265-1489.**

- **Group Trips - $1.00 per Ride Suggested Donation** - Unlimited group trips are offered to agency lunch and social programs as well as to allow shopping at local grocery stores. Please see page 6 of this newsletter for a schedule of shopping destinations.

- **Individual Trips: $4.00 per Ride Fee** - Individual trips are limited to four one-way rides in one week. Boundaries for trips are East to SOM Center Road (Route 91), West to North Taylor Road, North to Chardon Road (Route 6), and South to Chagrin Blvd.

- **Individual Trips—Extended Zone: $5.00 per Ride** - Rides outside the boundaries above, including to East Side major medical facilities (i.e., Cleveland Clinic, Euclid Hospital, University Hospital, Lake West Hospital) are included in the Extended Zone.

*Please take into consideration that transportation offered through Community Partnership on Aging does not include trips for employment, dialysis, or to return home after a medical appointment that requires anesthesia.*

Continued from page 1

in their homes for as long as they wish. Speaking of, did you know that the majority of older adults age 65+ want to stay in their homes and communities as they age? It’s true. AARP conducted a survey in 2014 and among the 4500 people surveyed, 87% of those age 65+ stated they wished to age in their homes, while 71% of those age 50 -64 want to age in place. Through your generosity, CPA remains true to our mission: Improving lives through programs and services that support independence, community involvement and well-being.
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<td>11:00 Library Cart (LCC)</td>
<td>10:00 Nature Walk in the Park (LCC)</td>
<td>10:30 Senior Exercise $2 (SE)</td>
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<td>11:45 Stuffed Shells (LCC)</td>
<td>10:00 Exercise DVD (LCC)</td>
<td>10:30 Music Bingo (MH)</td>
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<td>12:30 Bridge (LCC)</td>
<td>10:30 Beginner Spanish (LCC)</td>
<td>11:30 Blood Pressure Checks (SE)</td>
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<td>11:45 Beef Meatloaf (SE/MH)</td>
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<td>11:45 Chicken Cacciatore (LCC)</td>
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<td>12:30 Scrabble (LCC)</td>
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**CPA Program Location Codes and Addresses Box**

**Offices closed in observance of Memorial Day**
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<td>9:30 Intermediate Line Dancing - fee (MH)</td>
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<td>10:30 Sr. Exercise $2 (SE)</td>
<td>9:30 Woodcarving (HH)</td>
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<td>11:00 NO Laughter Club (SE)</td>
<td>10:00 Puzzles &amp; Coloring (HH)</td>
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<td>11:45 Breaded Chicken Breast (SE)</td>
<td>10:00 Nimble Needleers (MH)</td>
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<td>12:00 Bingo for Fun with Huntington Bank (SE)</td>
<td>10:30 Exercise (HH)</td>
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<td>1:00 Games (SE)</td>
<td>11:45 Roasted Turkey Breast (HH)</td>
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<td>1:00 Creative Paper Recycling (US)</td>
<td>12:00 Yoga - fee (MH)</td>
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<td>12:30 Bridge and Cards (HH)</td>
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Look for the Location Code in parentheses after each program to tell you the location of each program! Occasionally we miss one; give us a call at 216-650-4029 and we can give you the location. CPA-offered programs, trips and lunches are open to the public regardless of city of residence. Join us!
Are you a senior citizen in need of minor homecare help? The CARE Program is a volunteer driven initiative to help out older community members around their homes! Get the home aid you deserve today!

For more information about membership please contact us at 216-970-0599

or email at care4eight@gmail.com

Beginner Spanish with Paula
CPA will be offering a 4-week beginner Spanish class again!

The dates will be Tuesdays, May 7th, 14th, 21st, and 28th from 10:30-11:30 at Lyndhurst Community Center, 1341 Parkview Dr.

The class is limited to 10 participants. Call 216-650-4029 to register.

Join us for our NEW “Nature Walk in the Park” Groups!
Tuesdays & Wednesdays 10:00AM– 11:00AM
Tuesdays at Lyndhurst Community Center
Wednesdays at Ross DeJohn Community Center in Mayfield Heights
(No walking group the 1st Wednesday of the Month due to Health Talk)

Make & Take Wednesdays
1:00-3:00 pm at South Euclid Community Center
$3/person or FREE for ACCESS members
Limit 10 people, RSVP by calling (216) 650-4029 by the Weds. of the week before

Upcoming MAKE & TAKE dates: 5/1, 5/22, 5/29, 6/5, 6/19, 6/26
Please join us at this year’s Movie Day and Luncheon!

**Love Affair (1939)**

**Wednesday, May 15, 2019 at 2:00 PM**
**At Atlas Cinemas Eastgate 10,**
preceded by lunch at
**Ross DeJohn Community Center at 12:00 PM**

Movie tickets and lunch reservations may still be available. Please call 216-650-4029 or stop in at any CPA lunch program in Highland Heights, Lyndhurst, Mayfield Heights or South Euclid to inquire.

Limited space prevents us from mentioning the many sponsors who help to make this event possible! Please plan on visiting with sponsors at the luncheon.

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Community Partnership on Aging

May 2019
Community Partnership on Aging

Highland Heights Commission on Aging
Trip to Macaron Tea Room
Thursday, May 2
Call Mary at 440-461-2441 to see if spots are available.

Highland Heights Commission on Aging
Annual Senior Picnic with Friends
Lunch • Bingo • Treats • Door Prizes
$5.00 per person

Wednesday, June 5, 2019
12:00 noon - 2:00 PM
Reservations are required before May 31
Call Mary at 440-461-2441

The Hillcrest Meals on Wheels Program
Hillcrest Meals on Wheels is available to residents of Lyndhurst, South Euclid, Mayfield Hts., Mayfield Village, Highland Hts., and Richmond Hts. who are homebound or unable to shop and/or cook for themselves. There are no age or income restrictions. Clients pay a nominal fee for nutritious meals prepared by UH Richmond Medical Center. Volunteers are available to deliver the meals Monday-Friday. Interested residents should call Judy Conkling, Program Director at 440-449-3551 for more information.

The South Euclid Commission on Aging is seeking new members!
The commission is seeking new members for the group that provides assistance to elderly folks in South Euclid in a variety of ways! Through the Taste of Cedar Center event held annually in July, the group provide funds for older adult residents who need to have minor repairs to their homes. Members staff the event, help sell raffle tickets, home made baked goods and admission to the program. The group also participates in the Annual Memorial Day Parade. Persons interested in helping to make life easier for older adults, call Jim Lawless, 216-291-4358, president of the commission.

The 2019 Garden Walk South Euclid will take place on Saturday, June 8 & Sunday, June 9 from 12:00 noon—4:00pm. Join the fun of touring gardens, meeting neighbors and making new friends! Visit the website at gardenwalksoutheuclid.com or call 216-291-2774.

Produce Plus—
Market for those age 60+
Produce Plus takes place every third Thursday of the month at South Euclid Community Center and offers a variety of produce PLUS other non-produce goods (Produce PLUS).

With Produce Plus, there is NO NEED to sign up in advance! The program will still follow the previous income guidelines ($2012/month for a household of one, or $2743 for a household of two), and sign in with Ohio Driver’s License or State ID is required.

Produce Plus Market takes place every third Thursday between the hours of 10:30AM - 2:00PM at South Euclid Community Center
Watercolor Painting Classes: Thursday mornings 9:00 a.m.-12:00 p.m. May Session: May 2, 9, 16, 23. ($35/Mayfield School District; $40/all others per 4-week session + $4 material fee paid to instructor.)

Cooking Classes (various Thursday evenings, 7-9 p.m. ($20/class + food fee.) Cooking with Tortillas: May 9. Salad: May 23. Fruits of Summer: June 6. Marvelous Mushrooms: June 13. You'll get plenty of food to taste and new recipes. Deadline to register: The Monday prior to the class for which you wish to register.

Contact us for information about Balance & Chair Yoga (Wednesdays, 2-3 p.m.; $42/6-week session).

One Stroke Painting (seasonal projects on various Wednesdays: $28/class + $3-4 material fee.) June 12: Paint a palm tree on canvas. Deadline to register: 6/7.

Free Brainersize Classes (exercises for your brain) are held the last Monday of each month. (The May class will be on the third Monday.) Call to register.

Wednesday, June 5: Guided Tour of Progressive Corporation’s Art Collection (Campus I Headquarter Office, Mayfield Village, OH) and lunch on your own at Alfredo’s at the Holiday Inn where you may choose from 3 entrees. $19 for transportation. Please register ASAP.

Wednesday, July 17: Carousel & Milan Museums in Sandusky with Tin Goose Diner for lunch on your own. $45. Deadline to register: June 10.

ABC Village Quilters Need Volunteers: They meet most Wednesdays during the school year from 10:30 a.m. to 12:30 p.m. at the Mayfield Village Community Room. You do not have to be a resident to participate. You do not have to know how to quilt or sew. Contact Donna for details.
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Cedar Audiology Associates, Inc. is located at 5010 Mayfield Rd., #116, Lyndhurst, OH 44124. They offer a range of services including In-house Physiatrist, In-house Nurse Practitioner, Specialized Therapy Equipment, Wound Care Program, and Private Rooms Available. For more information, call 216-381-5011 or visit www.cedaraudiology.com.

Cedar Audiology Associates, Inc. is a proud member of the community, having been part of the area for over 30 years. They are dedicated to providing the best care for their patients.

Let us carry your message to the senior community.

For Advertising Information Call
800-477-4574

Highland Pointe
Highland Pointe is a Health & Rehabilitation Center offering Inpatient Dialysis on-site for skilled and long-term care residents.

The Benefits of Inpatient Dialysis

Convenience
- Allows patients the ability to remain at the facility
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- Fewer missed meals and medications
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- Family and friends can visit more frequently
- Simplified scheduling

Better Clinical Outcomes
- Studies have shown that patients who have more frequent dialysis experience improved clinical outcomes, including:
  - Better control of hypertension and anemia
  - Increased energy in assisting rehabilitation
  - Fewer dialysis-related complications
  - Fewer medications
  - Decreased fatigue after dialysis
  - Decrease in hospitalizations related to dialysis

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www.heartland-manorcare.com/Mentor
LYNDHURST OFFICE HOURS FOR MAY

Mon. 11:00 AM - 1:00 PM;
Tues. 10:00 AM - 3:00 PM; Fri. by appointment: 440-473-5138

Free Health Screenings

UH Richmond Medical Center, a campus of UH Regional Hospitals, and Community Partnership on Aging invite you to a day of free health screenings!
- Blood Pressure, Cholesterol, Glucose
- Lung Capacity (Spirometry)
- Talk with a Dietitian (Diabetes Info)
- Talk with a Pharmacist
- Ask a Doc

Tuesday, June 18, 9:00 AM - 1:00 PM at Lyndhurst Community Center. Pre-registration not required; call 440-585-6289 for more information.

Learn & Go

Learn & Go programs are planned in partnership with University Circle Inc. and offer an on-site presentation followed by a group trip to a local site! Prices for the trips will be announced soon. Call 440-473-5138.

The History of Cleveland -
Friday, June 7th, 2019
10:00am-4:00pm
On-site Talk - “Cleveland’s Iconic Crossroads” 10:00am
Mayfield Village Civic Center
Followed by lunch on your own in Little Italy and a trip to the Cleveland History Center.

Rock & Roll -
Thursday, July 11th, 2019
10:00am-5:00pm
On-site presentation: “The Beatles at Shea Stadium: Beginning of Stadium Rock” at 10:00am
Mayfield Village Civic Center
Followed by lunch on your own (location TBA) and a trip to the Rock & Roll Hall of Fame and Museum

PLANET OF THE GRAPES Wine Tour

Friday, August 23rd, 2019 10:30 am – 4:30 pm
$62/person. Call CPA at (440) 473-5138 to reserve your spot(s)!
Reservation and Payment Deadline is July 12th, 2019.

Leave from the Rae Rd. parking lot at Lyndhurst Community Center aboard a Motor Coach for a tour of the Crush House at Debonne Vineyards where you will enjoy a special wine tasting and cheese and crackers. You'll then visit the 2nd longest Covered Bridge in Ohio – Harpersfield, following by lunch (Chicken Salad Croissant with insalata and a side of fresh fruit) and a presentation with samples at Laurello Winery. Our tour will end with shopping and sampling at Robinson’s Apple Barn.