

October 2017

COMMUNITY PARTNERSHIP ON AGING

216-650-4029

Monday / Lyndhurst	Tuesday / Lyndhurst	Wednesday South Euclid/MH	Thursday / South Euclid	Friday / Highland Heights
2 Chicken A la King Baby Lima Beans Sliced Carrots W.G. Honey Wheat Biscuit Pineapple Chunks	3 Stuffed Green Pepper Butternut Squash Green Beans Whole Grain Rye Applesauce	4 Breaded Chicken Pattie w/American cheese Mixed Vegetables Sweet Potatoes W.G. Hamburger Bun Orange Juice	5 Spaghetti w/Meatballs Tomato Sauce Cauliflower Green Beans Apple	6 Roasted Turkey Breast w/Gravy Brown Rice Broccoli/Green Peas Whole Grain Wheat Orange
9 Columbus Day Site Closed	10 Tomato Basil Chicken Spaghetti w/sauce Mixed Vegetables Corn Sliced Pears	11 Beef Sloppy Joe Seasoned Wedge Potatoes Green Beans Whole Grain Bun Sliced Peaches	12 Swiss Steak w/Gravy Mashed Potatoes Baby Carrots W. G. Wheat W. G. Vanilla Wafers Banana	13 Rosemary Rub Roasted Pork Loin w/Gravy Green Peas Butternut Squash W.G. Honey Wheat Biscuit Applesauce
16 Breaded Fish Tater Tots w/ketchup Spinach Whole Grain Wheat Mandarin Oranges	17 Beef Meatloaf w/glaze Mashed Potatoes w/gravy Capri Blend W.G. Honey Wheat Biscuit Sliced Peaches	18 Roasted Turkey Breast w/gravy Sliced Carrots Broccoli Whole Grain Dinner Roll Pineapple Juice	19 BBQ Chicken Breast Green Peas Sweet Potatoes Whole Grain White Mixed Fruit	20 CAFÉ LUNCH \$3 Panko-Crusted Cod/Cauliflower Mac & Cheese (HH)
23 BBQ Rib Patty Scalloped Potatoes Broccoli Whole Grain Hamburger Bun Applesauce	24 Stuffed Turkey w/ Cranberry/Sage Dressing Mashed Potatoes Mixed Vegetables Whole Grain Dinner Roll Sliced Peaches	25 Beef Hot Dog Corn w/Red Pepper Spinach Whole Grain Bun Mandarin Oranges	26 Chicken Cacciatore w/sauce Brown Rice Diced Beets/Brussels Sprouts Whole Grain Wheat Mixed Fruit	27 Sliced Ham w/Pineapple Sauce Mashed Potatoes California Blend Whole Grain Wheat Banana
30 Salisbury Steak w/Gravy Mashed Potatoes Mixed Vegetables Whole Grain Wheat Tropical Fruit	31 Stuffed Cabbage Buttered Noodles Broccoli Beets Whole Grain Rye Applesauce		Reservations must be called in by the Wednesday prior to the week in which you reserve a meal	Suggested lunch donation: \$1.50 Choice of: 1% Milk or Buttermilk