

Monday/ Lyndhurst	Tuesday/ Lyndhurst	Wednesday/ South Euclid/MH	Thursday/ South Euclid	Friday/ Highland Heights
3 Beef Meatballs & Gravy Mashed Potatoes Mixes Vegetables 2 Whole Grain Wheat Applesauce	4 4th of July Holiday Sites Closed	5 Hawaiian Chicken Mashed Potatoes Baby Carrots 2 Whole Grain White Tropical Fruit	6 Hamburger Ketchup Green Beans Corn Whole Grain Bun Banana	7 Roasted Turkey Breast Gravy Mashed Potatoes California Blend 2 Whole Grain rye Pineapple Chunks
10 Beef Stew Brussel Sprouts Buttered Sliced Carrots Whole Grain Wheat W.G. Vanilla Wafers Orange	11 Chicken Breast Filet Alfredo Buttered Noodles Mixed Vegetables Spinach Vinegar Whole Grain White Sliced Pears	12 Salisbury Steak Gravy Mashed Potatoes Broccoli 2 Whole Grain Wheat Banana	13 Breaded Pork Pattie Sweet Potatoes Green Peas 2 Whole Grain White Applesauce	14 Tuna Salad Potato Salad Corn Relish Salad 2 Whole Grain Wheat Apricots
17 Chili Con Carne Mixed Vegetables Waxed Beans Corn Muffin Mixed Fruit	18 Stuffed Peppers w/Sauce Mashed Potatoes Baby Lima Beans W.G. Honey Wheat Biscuit Tropical Fruit	19 Cold Sliced Turkey Mayo Tomato Cuke Onion Salad Cole Slaw 2 Whole Grain Rye Pineapple Chunks	20 Chicken Breast Marinara Sauce Green Beans Capri Blend Whole Grain Breadstick Sliced Peaches	21 Café Lunch (HH)
24 Chicken Cordon Bleu Mashed Potatoes Harvard Beets 2 Whole Grain White Sliced Peaches	25 Sweet & Sour Pork Loin Buttered Sliced Carrots Green Peas W.G. Honey Wheat Biscuit Banana	26 Pepper Steak w/Sauce Butternut Squash Green Beans 2 Whole Grain White Mandarin Oranges	27 Beef Stroganoff w/Gravy Noodles Mixed Vegetables Harvard Beets Whole Grain Wheat Pineapple Chunks	28 No lunch in Highland Heights today
31 Beef Hot Dog Mustard/Ketchup Seasoned Potato Wedges Baked Beans Whole Grain Bun Apricots		Menu Approved By: <i>Jill Riffle, MS, RDN, LD</i>	Reservations must be called in by 3:00 PM on <u>Wednesday</u> of the week <u>BEFORE</u> you wish to have lunch	

